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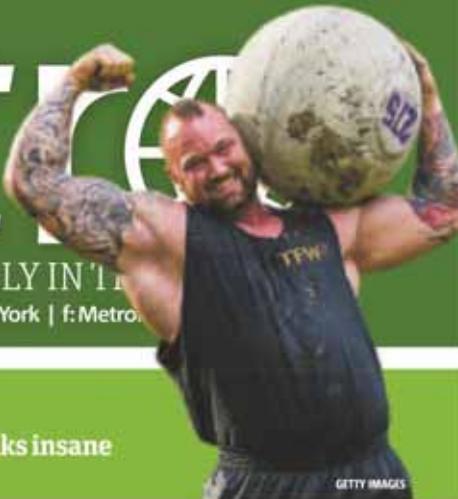


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Howie Mandel is back with more sweet deals. 14

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Special Counsel Robert Mueller suggested no jail time for former National Security Adviser Michael Flynn after his cooperation in a collusion probe between President Trump's campaign team and Russia. 2

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8
THINGS
TO
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Special Counsel suggested no jail time for the former national security adviser.

Special Counsel Robert Mueller's office said on Tuesday that President Donald Trump's ex-national security adviser Michael Flynn provided "substantial" cooperation with its probe into possible collusion between Trump's campaign team and Moscow.

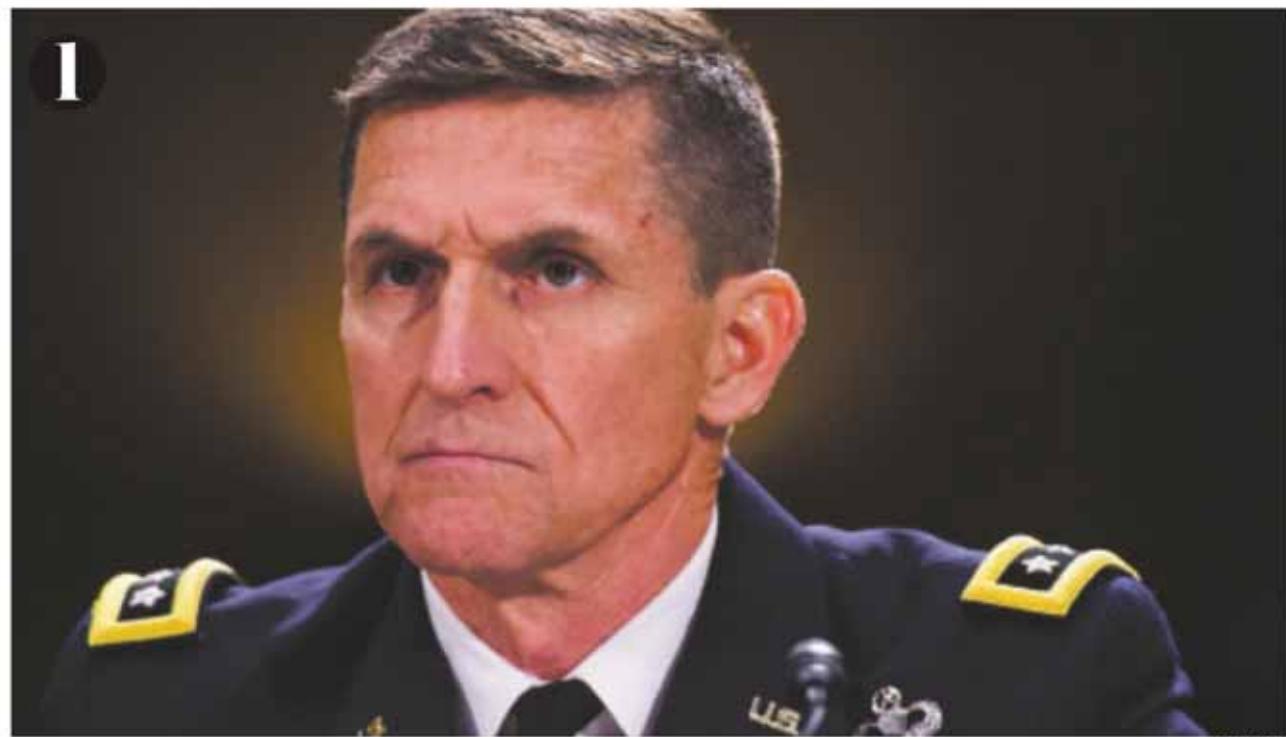
In a court filing, Mueller's office said Flynn assisted with the investigation "concerning links or coordination between the Russian government and individuals associated with the Trump campaign."

Flynn also provided "firsthand information about the content and context of interactions between the transition team and Russian government officials," the filing said. Mueller's office, citing 19 interviews provided by Flynn to Mueller's office and other federal prosecutors, asked a federal judge not to sentence him to prison.

Prosecutors said Flynn also provided help on other criminal investigations, although those details were redacted from the filing because the probes are ongoing.

Flynn, who held the White House job for only 24 days, pleaded guilty in December 2017 to lying

Flynn 'substantially' aided Moscow, Trump campaign probe: Mueller



GETTY IMAGES

to the FBI about his contacts with Russia. He will be sentenced in the U.S. District Court for the District of Columbia on Dec. 18.

He is so far the only member of Trump's administration to plead guilty to a crime uncovered during Mueller's wide-ranging investigation into Russian attempts to influence the 2016 U.S. election and potential collusion by Trump aides.

Mueller's probe, which could threaten Trump's

presidency, has already ensnared 32 individuals and three Russian firms. Mueller is expected to issue a report on his findings possibly sometime next year.

In addition to Flynn, others who have since been charged by Mueller include Trump's former campaign manager Paul Manafort and campaign deputy Rick Gates, as well as Trump's former personal lawyer Michael Cohen, who pleaded guilty last week to lying to Congress about a proposed Trump

Organization skyscraper in Moscow.

Trump has called Mueller's probe a "witch hunt" and has denied colluding with Russia. Moscow denies trying to interfere in the elections.

Flynn's crime of lying to the FBI carries a statutory maximum sentence of five years in prison. His plea agreement states, however, that he is eligible for a sentence of zero to six months and can ask the court not to impose a fine.

Flynn, a retired army general, was forced to resign in February 2017 as national security adviser after he was found to have misled Vice President Mike Pence about discussions he had with Russia's then-ambassador Sergei Kislyak.

Under a plea bargain deal, Flynn admitted in a Washington court that he lied when asked by FBI investigators about conversations with Kislyak just weeks before Trump took office.

Prosecutors said the two men discussed U.S. sanctions against Russia and that Flynn also asked Kislyak to help delay a U.N. vote seen as damaging to Israel.

Mueller's office has had varied degrees of success with the level of cooperation it has received from defendants who have pleaded guilty.

Recently, prosecutors asked for another delay in sentencing Gates, citing his ongoing cooperation in multiple probes. REUTERS

COMEDIAN KEVIN HART TO HOST 2019 OSCARS

Comedian Kevin Hart will host the next Academy Awards ceremony in February 2019, the "Ride Along" actor said in an Instagram post on Tuesday. "I am so happy to say that the day has finally come for me to host the Oscars," Hart wrote. The Academy Awards are the film industry's highest honors. The Academy of Motion Picture Arts and Sciences, which organizes the Oscars and normally announces the host, did not immediately respond to a request for comment. Hart, 39, who also starred in the 2017 film "Jumanji: Welcome to the Jungle," follows talk-show host

STORMY LAWYER AVENATTI RULES OUT RUN FOR PREZ

Attorney Michael Avenatti, who represents adult-film star Stormy Daniels in her legal battles with President Donald Trump, said on Tuesday he would not run for the White House in 2020, ending a months-long flirtation with a bid for the Democratic nomination. Avenatti, who has been a vocal critic of the Republican Trump and has cast himself as having the fighting spirit to take him on, said in a Twitter post he had decided not to seek the presidency after consulting with his family, and "at their request." "But for their concerns, I would

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Long Island:

260 Sunrise Hwy Ste 102

Valley Stream, NY 11581

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New Jersey:

766 Shrewsbury Ave, Ste 300

Tinton Falls, NJ 07724

81 Route 37 West Toms River NJ 08755



Former Chairman of the Joint Chiefs of Staff and former Secretary of State Colin Powell, center, and former military officials from the Gulf War salute the casket of the late former President George H.W. Bush as he lies in state at the U.S. Capitol, on Tuesday.



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Americans pay respects to late President Bush at US Capitol

Colin Powell and Bob Dole were among Tuesday's dignitaries.

Ordinary Americans, generals and former cabinet members paid respects at the U.S. Capitol Rotunda on Tuesday to the late former President George H.W. Bush, who died last week at the age of 94 after a life of service as a World War II hero, head of the CIA and wartime president.

Under the soaring Capitol dome, office workers and tourists walked silently past a flag-draped casket that bore Bush's body.

They were joined by former Secretary of State Colin Powell, who led the U.S. military during the 1991 Gulf War, as well as U.S. generals from that campaign against Iraq.

Bush, the 41st U.S. president, was remembered as a patrician figure who represented a bygone era of bipartisan

civility in American politics.

National flags flew at half-staff on many foreign diplomatic buildings on Washington's Embassy Row, past which Bush's coffin will be transported on its way to the Washington National Cathedral for a memorial service on Wednesday.

At the Rotunda, Bob Dole, 95, who was defeated by Bush in the fight for the 1988 Republican presidential nomination, was helped out of his wheelchair, stood up and saluted toward the casket.

President Donald Trump, a fellow Republican, planned to visit with the mourning family at Blair House, near the White House.

"The elegance & precision of the last two days have been remarkable!" Trump wrote in a tweet of the Bush memorial events.

Bush's service dog, a young Labrador retriever



Sully, a yellow Labrador service dog for the late former President George H.W. Bush.

named Sully, also walked past the casket and sat near it briefly.

Bush, father of the 43rd president, George W. Bush, will be buried on Thursday in Texas.

Mourners lined up to enter the Capitol beginning Monday evening for the public viewing.

Senate Majority Leader Mitch McConnell opened a session of the Senate on Monday heralding the "daring" former naval aviator, former

and many Republicans for violating his famous 1988 campaign promise: "Read my lips, no new taxes."

Democrat Bill Clinton coasted to victory, ending Bush's presidency.

A Connecticut native from a wealthy family who moved to Texas to be an oilman, Bush has been eulogized as a president with a keen sense of civility and duty.

"His character speaks

"His character speaks most, because of his character, how he handled so many important points in our history. The Iraq War, the falling of the Berlin Wall — he wasn't [saying], 'That's all about me.'"

Theresa Murphy, retired NY high school history teacher

director of the Central Intelligence Agency and president who won the Gulf War against the forces of Iraq's President Saddam Hussein. "Year after year, post after post, George Bush stayed the course," McConnell said.

Bush was elected president in 1988 after serving two terms as President Ronald Reagan's vice president.

During his four years in the White House, Bush ended the Iraqi occupation of Kuwait, steered the United States through the end of the Cold War, and condemned China's 1989 crackdown on pro-democracy demonstrators in Beijing's Tiananmen Square.

But he was dogged by domestic problems, including a sluggish economy. When he ran for re-election in 1992, he was pilloried by Democrats

most, because of his character, how he handled so many important points in our history. The Iraq War, the falling of the Berlin Wall — he wasn't [saying], "That's all about me." Theresa Murphy, 64, a retired New York high school history teacher, said on Monday. "Can you imagine what it would look like if our president today did that?"

Bush is the 12th U.S. president to lie in state in the Capitol Rotunda. The first was Abraham Lincoln following his assassination in 1865.

Early in his political career, Bush served in the U.S. House of Representatives from 1967-71. He lost bids in 1964 and 1970 for a U.S. Senate seat from Texas.

The federal government and some financial exchanges will be closed on Wednesday for a day of mourning. **REUTERS**



Former Sen. Bob Dole salutes the casket of the late former President George H.W. Bush.

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—Kenn Wells, former lead dancer of English National Ballet

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Trump panel wants to give USPS right to hike prices for Amazon, others

The task force recommended the Postal Service charge market-based rates.

The United States Postal Service should have more flexibility to raise rates for packages, according to recommendations from a task force set up by President Donald Trump, a move that could hurt profits of Amazon.com Inc. and other large online retailers. The task force was announced in April to find ways to stem financial losses by the service, an independent agency within the federal government. Its creation followed criticism by Trump that the Postal Office provided too much service to Amazon for too little money.

The Postal Service lost almost \$4 billion in fiscal 2018, which ended on Sept. 30, even as package



deliveries rose.

It has been losing money for more than a decade, the task force said, partially because the loss of revenue from letters, bills and other ordinary mail in an increasingly digital economy has not been offset by increased revenue from

an explosion in deliveries from online shopping.

The president has repeatedly attacked Amazon for treating the Postal Service as its "delivery boy" by paying less than it should for deliveries and contributing to the service's \$65 billion loss since

the global financial crisis of 2007 to 2009, without presenting evidence.

Amazon founder Jeff Bezos also owns The Washington Post, a newspaper whose critical coverage of the president has repeatedly drawn Trump's ire.

The rates the Postal Service charges Amazon and other bulk customers are not made public.

"None of our findings or recommendations relate to any one company," a senior administration official said on Tuesday.

Amazon shares closed down 5.8 percent at \$1,669.94, while eBay fell 3.1 percent to \$29.26, amid a broad stock market selloff on Tuesday.

The Package Coalition, which includes Amazon and other online and catalog shippers, warned against any move to raise prices to deliver their packages.

"The Package Coalition is concerned that, by raising prices and depriving Americans of affordable delivery services, the USPS should have the authority to charge market-based prices for both mail and package items that are not deemed 'essential services,'" the task force said in its summary. REUTERS



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Important Knee Arthritis Pain Alert:

Study Finds Updated Treatment Helped Avoid Knee Replacement Surgery For 75% Of Worst Cases At Least 7.3 Years . . .

NYC - What would it be worth to you if... in just 60 minutes... you could finally discover a way to get relief for your knee arthritis pain?

And...

How would it feel if you could wake up tomorrow morning and some... or even all your pain was gone?

And...

Wouldn't it be wonderful to start a brand new life and leave all your pain and suffering behind?

A life where...

...you jump out of bed in the morning, well rested and ready to take on the new day, without pain...

...you don't have to take slow, limping laps around your bedroom just to be able to walk every morning...

...you can go for walks, go up and down stairs and maybe even play sports like tennis and golf again...

...you can finally do all the things and enjoy life (just like everyone else) without constant, nagging pain...

Well... that's exactly what can possibly happen to you if you spend just 60 minutes with us...

...Because that's all it will take for one of our expert doctors to show you what we believe to be the safest, and most effective knee arthritis pain treatment there is...

I know you may find this hard to believe. Just about every one does when we tell them about this... at first.

But it doesn't take long for them to turn from skeptic to raving fan as soon as their pain improves so fast.

Do You Have An Open Mind?

So, I'm not asking you to believe me just yet. All I ask is you approach this and read the rest of this information with an open mind. If you give us a chance, we promise, you won't be disappointed...

Because There Is Proof Real medical proof.

Here it is. A leading Orthopedic Surgeon and knee pain expert was getting excellent results with this non-surgical treatment on his own patients. In fact, this study involved almost 2000 patients followed over 10 years.

And more specifically, he was getting amazing results the way HE was doing this treatment using high tech imaging for precise technique... just like we do it...

And he wanted to prove... beyond a shadow of a doubt... the results he got... were not only REAL... they could most likely work for others just like you.

So he conducted some research, an 11 year project, and was published in the "Journal of Knee Surgery".... a Real and REPUTABLE medical journal (A copy of this research is available on our website or by mail)

What were his results and what do they mean for your pain?

In this study he found that 75% of the severe knee arthritis pain patients he treated... and were facing knee replacement surgery... did not need to have knee replacement surgery... and were still OK 7.3 years later!

This is incredible news for you - and here's why...

The patients in this study were Stage 4 knee arthritis. That's the most advanced and worst stage. These are the cases that are usually sent for knee replacement surgery.

These patients had also gone through the common medical treatments like pain and anti-inflammatory pills, physical therapy etc. and all that had failed.

So... these were the WORST cases of which every thing else had failed... YET, after this treatment, 75% still did not need knee replacement even more than 7 years later.

And it gets better. The study only collected data up to that time. It is pretty safe to say that many may never need surgery.

Bottom line: This study clearly showed this treatment is safe and extremely effective even for even the worst cases.

So, even if you aren't one of the worst cases... imagine what it can do for you.

What IS This Treatment And How Can You Find Out If It Can Help You?

As studied as this treatment is... you may have an "Oh No!" reaction. Why? Because there is a very good chance you have heard of it. You may have even given it a try... and NOT gotten good results.

That's because this treatment is actually pretty common now a days. But... and this is a very big BUT... there is a very specific way to apply this treatment (as done in the study) that makes it so successful. And many are NOT doing it this way.

So... please hear us out. This really might be the answer you are looking for.

Ok... here is the treatment and the full scoop on why it works so well... when done THIS WAY.

The treatment is called "viscosupplementation." It is frequently called, "gel treatment." Or "joint oil".

In this treatment, a gel is painlessly injected directly into you arthritic joint. This lubricates the joint, reduces friction... and allows more movement without all the inflammation and "grinding" caused by arthritis. This is like putting oil on a rusty hinge. Once the oil is applied, the hinge can move much better.

But here is something you must know: In that research project, all of the procedures were done with highly advanced imaging to guide the injections and make sure the gel got into the joint space area ultra-precisely.

This is EXTREMELY important... because... research also shows that injections done WITHOUT this imaging to guide them... can miss the joint space about one third of the time.

That means, in one third of the injections, the gel wasn't in the joint space and couldn't possibly work!!!

We feel this is why so many people have tried this treatment and DIDN'T get good results like in the patients in this research.

So, if you have already had this treatment and it didn't work... was it done with this advanced medical imaging?

If not... there is still hope.

In fact, there is a very good chance you can still get relief.

Here is why: NYC Pain MD is a medical clinic located at 65 Broadway Suite 1004 New York, NY 10006.

We have physicians who focus in this treatment... and we use the advanced imaging to make sure the treatments

are extremely precise and get the best results possible.

In fact, we have a doctor trained at the University of Pennsylvania School of Medicine, Cornell University and even Harvard Medical School.

We have the best... but we also make treatments VERY affordable

Just because we offer the best possible treatments and doctors... doesn't mean we are so expensive only rich people can get our wonderful treatments.

While treatments may be covered by Medicare and some insurances... we also offer pricing plans for as little as \$13.57 per week so patients can finally relieve their pain and try to avoid surgery.

We don't want lack of insurance or money to be the reason you continue suffering.

Your Special Invitation...

If you have knee arthritis pain... and are even



Study shows this treatment was successful in 75% of knee arthritis pain sufferers... saving them from surgery for at least 7.3 years. Will it work for you? Find out for FREE

just a little interested in finding out what this treatment can do for you... we are inviting you to come in for a FREE screening appointment.

During this screening, you will get to talk to the doctor... ask questions... and find out if you qualify.

We will go over everything with you... and you will breathe a big sigh of relieve finally having real answers and a specific plan to to possibly relieve your pain.

We will leave no stone unturned... and we will help you any way we can.

Please understand this:

This treatment can possibly take away your pain...

No matter how long you've been suffering. It really doesn't matter. It may take a little more time if you've been suffering for years as opposed to a "new" case... but in the end... you can still get tremendous results ...

No matter how bad or helpless you THINK your case is. Many of our patients thought their case was hopeless, too far gone, for anything to help them. Many of their previous doctors told them that. Well you're NOT. With this treatment... the way our expert doctors do it... are always hope.

Most of our patients have told us we were their last resort. Last stop before packing it in and completely giving up and submitting to surgery. They soon found out that our treatments made it really easy to get relief... and, best of all...

You Get To See If You Qualify For FREE

That's right. We want you to see EVERYTHING first hand and to prove to you... without a shadow of a doubt... we have the help for your knee pain that you are desperately wanting. And we want to do it without you spending a penny or risking anything to find out.

That's why we are offering you this free screening.

So my big question for you is – is the opportunity to wake up tomorrow morning... and every other morning for the rest of your life... with less pain... worth the 60 minutes it will take to be evaluated?

What else could you possibly do with that same 60 minutes that could have such a profound impact on the rest of you and your family's lives?

You know, it's really disappointing to me that so many people just go on living with pain when you don't have to. So many of patients tell us how they used to be in pain... just about every day.

They were so much pain... they were grumpy and miserable all the time. They hated work. Their relationships were strained. Life was just one big struggle. Now that they've discovered what we will reveal to you at your free screening... all that's changed...

Work and family have become rewarding

and fun. Life is so much easier and better... in so many ways... without the pain. Finally, things start falling into place the way you always thought they would.

One of the best things or physicians and staff hear is "Hey doc since starting this program I've lost 17 pounds because now that I can finally move around pain-free the weight just keeps coming off!"

Which one of those amazing things I just mentioned would you like to happen to you... right now.

Maybe it's none of the things I've mentioned. But, you do have hopes and dreams. We all do. And pain robs you of the opportunity to live out those hopes and dreams. Robs you of the life you really and desperately want... and deserve.

Whatever YOUR personal hopes and dreams are... they are all possible if you take action... right now.

All you have to do is give this a chance and schedule for the screening. But then again...

What's also possible is that your pain starts getting worse. And that happens to so many people from just doing nothing.

Taking action may seem like a little work... or... it may even be a little scary for you – but not taking actions is almost always worse. The eight most dangerous words to your future, your health, and your hopes and dreams just may be...

It Will Just Get Better All By Itself!

Fact is... it may only get worse.

Here Is How To Get Your Free Screening...

Just call us at 877 380 8537 and tell the scheduling coordinator you want your free screening. If you are one of the first 50, it is 100% free. No obligation or strings attached.

There is NOTHING to pay for and you will NOT be stressed in any way. We don't ever do that. You see, is not uncommon for us to get over 100 new patient calls in a single day.

Most are from word of mouth. But we wanted to open up this opportunity to as many arthritis pain sufferers as possible.

But because we get so many calls... we can only take 50 from what you are reading this month.

You have absolutely zero to lose and possibly everything to gain. But due to high call volume, we suggest you call now: 877 380 8537

NYC PAIN MD

877 380 8537

If you or someone you know has recently experienced a **Sudden Onset of Severe Vertigo** (Acute Unilateral Vestibulopathy) within the past 72 hours and are between the ages of 18-74, you or they may qualify to receive study investigational drug SENS-111.

SENS-111 is a new highly selective investigational drug that is being tested to prove that it will improve symptoms of AUV without preventing long term recovery.

SENS-111 is an investigational drug that is not available as a treatment in any country.

- 6 study visits will occur over a one-month period and study investigational drug will be provided over 4 consecutive days at no cost.
- All study-related assessments performed by licensed physician.
- Reimbursement for travel will be provided.



DIZZINESS

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SantaCon alcohol ban on public transit to be strictly enforced

The MTA just says no to "ho ho ho" as alcohol is banned on mass transit during SantaCon.

ANNA HARSTEDT
letters@metro.us

You better watch out, you better not cry, you better not pout. I'm telling you why: SantaCon is coming to NYC this Saturday.

While technically a charity fundraiser that has donated over \$400,000 to deserving causes in NYC and worldwide, SantaCon is perhaps better known as a gigantic pub crawl where participants dress in red and white

resembling jolly old St. Nick, elves and other holiday-themed characters.

The annual march of the Santas will begin in New York City on Saturday at 10 a.m. and invade bars throughout the city. The official SantaCon 2018 route isn't revealed until 24 hours before the event.

The official event page advises participants to "be merry, be safe, be responsible for your own actions, respect the city, don't litter, don't scare children, and listen to the cops."

If you're planning on some early holiday cheer in the form of alcohol prior to SantaCon while riding mass transit, you'll only find coal in your stocking as the MTA has officially

banned all alcoholic beverages on its trains, light rails and buses.

"No alcoholic beverages of any kind, in any type of container, open or closed, will be permitted onboard trains, buses or light-rail vehicles during this time."

MTA statement

"No alcoholic beverages of any kind, in any type of container, open or closed, will be permitted onboard trains, buses or light-rail ve-



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hicles during this time," the MTA said in a statement. The policy "will be strictly enforced," they added.

The ban was implemented five years ago due to rowdy incidents that took place during

past SantaCons.

The 24-hour ban on alcohol will start at noon Saturday in an effort "to maintain safe and orderly travel during this weekend's SantaCon event," the MTA said in a statement.

Police officers will be on duty at Penn Station, Grand Central Terminal and other stations in the area, as well as on trains, to enforce the ban, confiscate alcoholic beverages, and issue summonses.



Pain on the inner side of your knee?

If you struggle with pain or aching in your knee, you may have **osteoarthritis** (OA) - a common condition that causes knee cartilage to "wear away" over time, leading to painful bone-on-bone contact.

Doctors Hospital for Special Surgery in Manhattan are accepting participants for a new clinical research study. The study is for the **Calypso Knee System** - an investigational device designed to relieve knee pain, while preserving your joint's natural motion.

If you participate, you will be treated by a team of specialists and will receive the Calypso Knee System and procedure at no cost.

To see if you might qualify
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NEWS

METRO.US
WEDNESDAY, DECEMBER 5, 2018

NYC becomes first major city to set minimum wage for Uber, Lyft drivers

New York City ride-share drivers are getting a raise thanks to new regulations approved by the NYC Taxi and Limousine Commission.



KRISTIN TOUSSAINT
kristin.toussaint@metro.us

Uber and Lyft drivers throughout the five boroughs will see a pay increase of about \$9,600 per year after the Taxi and Limousine Commission voted on new minimum wage standards for New York City ride-share drivers.

Commissioners voted 7-1 to approve the new wage rules for app-based for-hire vehicle drivers on Tuesday, giving more than 80,000 New York City ride-share drivers who rely on work through apps like Uber and Lyft access to more take-home pay.

The move makes New York City the first in the nation to regulate app-based for-hire ride-share drivers and establish a

"minimum wage" for Uber and Lyft drivers. The pay rules will go into effect within 30 days.

Ride-share drivers, as contractors for apps, are not protected by minimum wage laws across the country. In New York City, app ride-share drivers make \$11.90 per hour in take-home pay, according to an Independent Drivers Guild analysis — below the city's minimum wage of \$13 (New York City minimum wage will increase to \$15 at the end of the year).

Now that the TLC has passed the new pay rules, ride-share drivers will see "an average 44.7 percent increase in take-home pay, or about \$9,600 annually per driver, or from \$11.90 net per hour to \$17.22 net per hour," according to the commission.

The new rules regulate that New York City ride-share drivers are paid according to a minimum-per-trip formula that takes into account total working time, meaning time spent driving passengers, waiting for a ride,

and also driving to pick up passengers. The rules also include a "Shared Ride Bonus," so drivers aren't undercut on shared trips, and out-of-town pay to compensate return trips when drivers drop off passengers outside the city.

"It's a long time in the making, and it's the first real attempt at stopping rate cuts, which has been an Uber-Lyft business practice that's been at the heart of a lot of the poverty wages for drivers."

Bhairavi Desai, NYTWA executive director

The move has been praised by the Independent Drivers Guild, the New York Taxi Workers Association, the Amalgamated Transit Union and more, with activists saying ensuring minimum wage is a step to



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ward increasing all drivers' quality of life.

"While the city still has a long way to go to ensure that Uber and Lyft drivers are treated fairly and respectfully by their employers, increasing the take-home pay for ride-share drivers is an important step in creating livable conditions for drivers and curbing the tragic spate of suicides that have stolen our fellow drivers from us this year," said Lawrence Hanley, International President of the Amalgamated

Union, in a statement.

The Taxi Workers Association, which represents New York City ride-share drivers and yellow and green cab drivers, considers the TLC vote a victory, but they say ultimately it's still not enough.

"It's a long time in the making, and it's the first real attempt at stopping rate cuts, which has been an Uber-Lyft business practice that's been at the heart of a lot of the poverty wages for drivers," Bhairavi Desai, NYTWA

executive director, told Metro ahead of the vote.

But the NYTWA says that city officials need to regulate Uber and Lyft passenger rates, guarantee that app ride-share drivers get 80 percent of those rates and regulate the yellow and green taxi meters so that they charge the same minimum rates.

Those changes, Desai said, would allow drivers across the industry — including yellow and green taxi drivers — to earn a raise.

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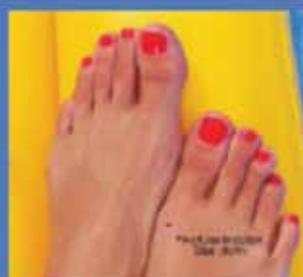
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Pat King
Grumble Editor

READER WRITE-INS:

SITTING ON THE SUBWAY STEPS

My complaint is about the idiots who sit on the subway stairs oblivious to the people going up and down the steps.

Not only do they block traffic, they also pose a tripping hazard for people having to go around them.

With hundreds of thousands of people using them daily, there probably are very

few places in the universe as filthy and germ-y as the subway steps. Why anyone would want to touch them is incomprehensible to me.

— Larry, Metro New York reader

RE: STANDING UP AT SEATED CONCERTS!

LOL! You must be joking! Would you like a pillow and a blanket to go with your seat? I will pay for my seat, stand, dance and jump around as

much as I want and will sit when I feel like it. If that's how you feel, then stay at home and watch a video with the volume turned way up.

— Monica, Metro US reader

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PUTTING THINGS INTO PERSPECTIVE

Sometimes it's hard to see things through the eyes of someone in the public spotlight. With social media outlets like Twitter and Facebook, we can nitpick every part of their lives, no matter how insensitively, from our own homes and never come face-to-face with the people we

are hurting. As SNL star Pete Davidson wrote on Instagram yesterday, even celebrities go through tough times. Between his battle with mental illness and his extremely public breakup with pop star Ariana Grande, he has had his fair share recently. Remember, there are consequences to the negative energy you put out into the world. It's good to keep a level perspective.

I've kept my mouth shut. Never mentioned any names, never said a word about anyone or anything. I'm trying to understand how when something happens to a guy the whole entire world just trashes him without any facts or frame of reference. Especially in today's climate where everyone loves to be offended and upset it truly is mind boggling. I've been getting online bullied and in public by people for 9 months. I've spoken about BPD and being suicidal publicly only in the hopes that it will help bring awareness and help kids like myself who don't want to be on this earth. I just want you guys to know. No matter how hard the internet or anyone tries to make me kill myself. I won't. I'm upset I even have to say this. To all those holding me down and seeing this for what it is - I see you and I love you.

Pete

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Aries You need an outlet, but it shouldn't be something that could get you into trouble. As long as you are moderate and associate with reliable people, positive things will unfold.



Taurus Make a physical change that will attract attention. A sophisticated yet bold statement will give you that look of success. Romance is on the rise, and professional goals can be reached.



Gemini You'll have trouble seeing clearly if you let someone sway your opinion. Don't get involved in something you cannot afford or that will lead to loss. Joint ventures should be avoided.



Cancer Take care of business and move on to projects you find more enjoyable. Preparations for functions you plan to attend or for a date night with a loved one look promising.



Leo Take better care of your health. You may be in the mood to cut loose with friends and overdo it, but it won't be worth it. Stick to a healthy lifestyle.



Virgo Don't let your emotions interfere with what's right. Don't take a chance that could cost you emotionally or financially. Avoid unpredictable, disruptive individuals.



Libra Study all the pros and cons before you sign up for something that close friends and family may not like. Get the go-ahead as well as the pertinent details first.



Scorpio Plan a get-together with someone you haven't seen in a long time. Interacting with someone from your past will revive memories and remind you of goals you have yet to accomplish.



Sagittarius Don't leave anything to chance. Clear up unfinished business so you don't have it hanging over your head when you want to kick back and enjoy the festivities.



Capricorn Do what comes naturally and head in whatever direction will bring you the highest returns. Refuse to let anyone use guilt tactics to take advantage of you emotionally or financially.



Aquarius Don't make a change because someone has fed you false information or is pressuring you. Know who and what you are up against before you make a decision.



Pisces You can accomplish plenty if you do things for yourself. Don't let anyone lead you astray or take advantage of you. Use your intelligence and intuition to outsmart perpetrators. EUGENIA LAST

Please remember to send your Humbles to humble@metro.us. These submissions can be acts of gratitude, positivity or kindness that you have seen throughout the day.

LIFESTYLE



Season 2 is now on Amazon. ALL PHOTOS AMAZON STUDIOS

Alex Borstein likens 'The Marvelous Mrs. Maisel' to 'The Odd Couple'

The "Family Guy" alum also enjoys having a spa day every once in a while.

ANDREW HUSBAND
letters@metro.us

Toward the beginning of "The Marvelous Mrs. Maisel" season two, Susie Myerson (Alex Borstein) gets the opportunity to house sit for Midge's (Rachel Brosnahan) parents while she and her father, Abraham "Abe" Weissman (Tony Shalhoub), trek across the Atlantic to find his wife, Rose (Marin Hinkle). What results is a "Home Alone"-esque montage that looks as fun as it probably was to shoot for the "Family Guy" and "MADtv" alum.

"I enjoy any moment that doesn't have tons and tons of dialogue," Borstein tells Metro. "So yeah, getting to lay in the bathtub was a nice break."

Co-created by "Gilmore Girls" showrunners Amy Sherman-Palladino and Dan Palladino, "The Marvelous Mrs. Maisel" is one of the most verbose, witty and fast-paced shows on television today. Every single one of its performers has been tasked at least once with delivering a weighty monologue, or participating in a lengthy dialogue, throughout its first season, and judging by the first five episodes of season two, this hasn't



Alex Borstein thinks the Amazon series is a bit like "The Odd Couple."

changed one bit.

As much as Borstein's comment may sound like a complaint, it's quite the opposite. The Emmy Award-winning actress has known Sherman-Palladino for years, and since taking the role of Susie, she has come to love the challenge of working on such a complex production.

"It's like boot camp. We work for five to six months and then we get a break from it, so I can't complain," says Borstein.

"And there are definitely surprises. Sometimes you go, 'What the hell is Amy thinking?' But there are also some great surprises, too. Like, this season has some musical elements in it that, when I first heard them, I was like, 'What are you talking about?' So there's definitely a lot of that with this show, and it's great."

She also loves getting to spend so much time with Brosnahan, whose Midge is Susie's constant companion. Borstein gets most of her screen time with her fellow Emmy winner, and she adores it.

"I like that Midge and

Susie get to explore their relationship on a deeper level this season," she says. "In a way, they're a little bit like a couple in a new relationship, that's finding out all about their annoying habits while being in very close quarters for lengthy periods of time. That's really fun to do. It's a kind of 'Odd Couple' thing that we have going on. That's really fun for me."

Whether Susie will finally get to meet Abe, Rose or anyone else in Midge's family remains to be seen. In fact, Borstein spends so much of her time on set with Brosnahan and some minor characters that she only met some of the show's other featured players recently.

"Halfway through the day, I'm like, 'By the way, my name is Alex,'" she laughs. "There's still a lot of people I haven't worked with yet, so that's kind of fun. It's going to be a fun to finally meet everyone as the show goes on."

"The Marvelous Mrs. Maisel" season two is now on Amazon Prime.



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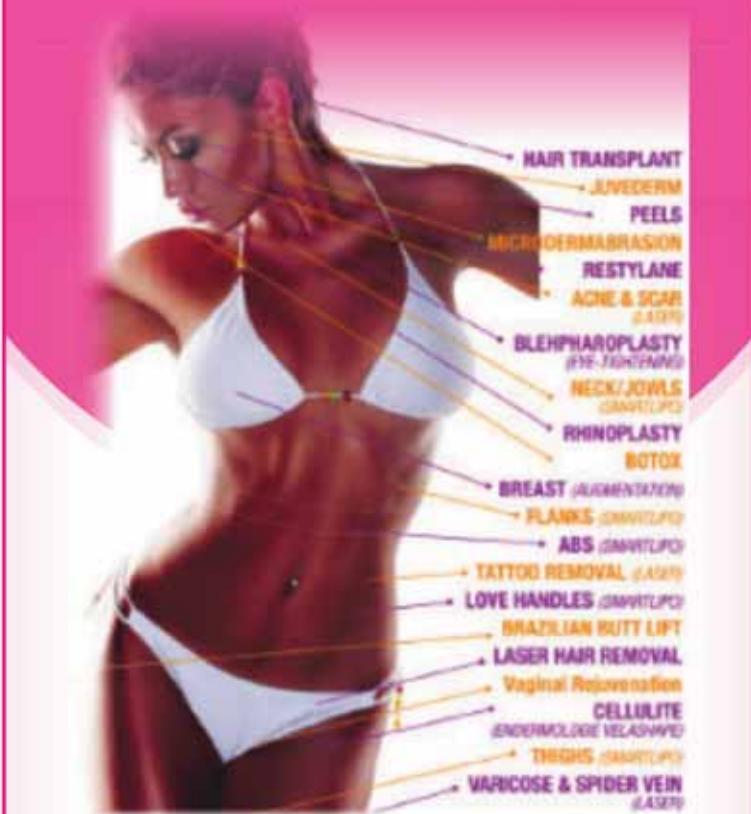
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Howie Mandel talks the return of 'Deal or No Deal'

The stand-up comedian turned game show host is excited the show's back on CNBC.

 ANDREW HUSBAND
letters@metro.us

Nearly 10 years ago, the final episode of the American edition of "Deal or No Deal" aired on NBC. Host Howie Mandel, whose name and face had quickly become synonymous with the popular program soon after its 2005 premiere, was aghast at the decision, but oversaturation and gradually waning ratings had all but guaranteed its fate. Cut to the first week of December, which sees the series's triumphant return at CNBC.

Mandel, who got his start in stand-up before regular TV and film work occupied much of his time throughout the '80s and '90s, had never hosted a game show before "Deal or No Deal." But as he tells Metro, this was the job that catapulted his career into the stratosphere. And now it's back for good with a new 30-episode season at CNBC.

TV revivals are in these days, and now that includes game shows. What made you want to bring "Deal or No Deal" back now?

I don't think there's any other show that is just based on pure humanity. There's no trivia, skill or smarts. It's just humanity. When you're just dealing with pure humanity, everybody can relate. So whether you're screaming at the TV in excitement or screaming at the TV because you think this person is making the most ridiculous decision of their life, it's so unbelievably human.

To be honest with you, from the day it went off the air I've been saying we should bring it



ALL PHOTOS JEFF DALY/CNBC

back. They burned it out airing it so regularly, so I kept pitching them to do a special every year. People would watch it. To this day, I can walk into a Dave and Buster's anywhere in the country and there will always be somebody playing the "Deal or No Deal" machine for tickets. Or I can walk through a casino



and there will always be somebody playing the "Deal or No Deal" slot machine. So to me, it's not a comeback. It's just an extension of us already being there.

How have fans responded to the show's return? Nothing but positive, and I think that's because it speaks to everybody. If you're a little kid who's only been in Dave and Buster's and seen that particular game, or if you're somebody who's nostalgic and had a good time watching the show with a loved one back in the day, then you'll want to see what's up.

Good games shows are the ones that can really hook an audience, regardless of the outcome.

It's just so simple! America was the last one to get on board with the game, which is basically the endgame to a trivia game. And then you got a chance to pick a case. Scott St. John, our producer then, had the brilliance to say the endgame could be a game in and of itself. When it was first pitched to me, I thought it was just an hour of telling someone to open a case repeatedly.

Then, when I hit the stage for the first time and met the first contestant, Karen Vann, I realized it was so much more. I realized her life could actually change in such a big way because of what we were doing. That's what happens when you cast real, relatable people whose lives will actually change.

It really means something to them, and it really means something to the audience. I mean, you're in control when you're on the show. When I tell you the banker has offered you a quarter of a million dollars, that's yours. That's real money. All you've got to do is say "deal" and hit that button, and boom, you have a quarter of a million dollars in cash. But when they say "no deal" to something like that? It shakes me to my core.

"Deal or No Deal" returns tonight at 8 p.m. on CNBC.



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Strength that sticks

Hafthor Bjornsson is going up against Krazy Glue in an insane strength challenge.

 **MOLLY GIVEN**
Molly.Given@metro.us

Krazy Glue is so confident in being the strongest glue the world has ever seen, it challenged the Strongest Man in the World (who also happens to play The Mountain on "Game of Thrones") Hafthor Bjornsson to see who's stronger.

Both Krazy Glue and Bjornsson posted a call to action on their social-media accounts for all of their fans to come up with creative ideas to make the challenge more interesting. Each item involved in the challenge will weigh up to half a ton and will be suspended from a barbell using only Krazy Glue, and they say the crazier it is, the better. Hafthor Bjornsson chatted with Metro about how he is preparing for the event and what exactly to expect for the Man Vs. Glue challenge.

Bjornsson is no stranger to hard work, as becoming the Strongest Man in the World is no easy feat. However, Bjornsson says he tries his best to exercise with an intense workout schedule to keep his strength in insane shape.

"On a daily basis, I'll start training around 2 p.m. or the middle of the day, and I'll actually eat every two and a half hours while training as well," Bjornsson told Metro. "I'll also do some hot and cold sessions to refuel my body while training. That's when I'm at home, I still travel a lot around the

world doing all kinds of exciting things, like this, working with Krazy Glue."

Bjornsson also likes the idea of fans picking out the challenge for Man Vs. Glue. "Yeah I do like the idea. You know, Krazy Glue is so strong it can hold up to 1,000 pounds, and I'm excited to go up against it in front of the public. I am the World's Strongest Man, and I can hold up to 1,000 pounds, but it is still crazy how it just takes one drop of the glue to hold up to that much."

When asked about his confidence level going up against the insanely strong Krazy Glue product, Bjornsson is ready to take on the challenge. "In my life right now, with strength and lifting things—it's where I feel the most comfortable. So I am very comfortable going into this challenge and I'm very excited to see what the outcome of this challenge is going to look like."

Along with the Krazy Glue challenge, Hafthor Bjornsson has a busy year ahead of him with the final "Game of Thrones" season coming out. In fact, he says there isn't a challenge that scares him, but trying to fit everything into his schedule is what proves to be the biggest test. "I'm still an athlete, and I still do travel the world and compete in a lot of competitions, but I'm focusing on trying to combine acting and competing at the same time, it can be difficult."

As for the competition, The Mountain says you will have to see it to believe it. "I encourage people to come out or watch

it live on Wednesday Dec. 5 at Center415 located at 415 5th Ave. between 37th and 38th St. at 6:15 p.m. Eastern Time. I challenge everyone to come and see this happen."

The event is free, but space is limited so you'll want to get there early. Fans can RSVP to attend the NYC event by visiting Krazy Glue's Facebook page @KrazyGlue.

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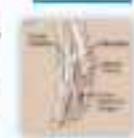
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The Amalfi Coast comes to you

Arriving just as winter starts to bite is a taste of the Italian seaside. Chefs Club's guest restaurant is the Amalfi Coast's La Conca del Sogno, traveling from the fishing village of Nerano Bay to NoLIta for a monthlong residency. The no-frills menu has been honed over 60 years of family traditions; executive chef Luca Fedele is making his pasta in-house for dishes like Fiori di Zucca (fried zucchini blossoms with ricotta and marinara), served with a list of coastal Italian wines. *Dec. 3-Jan. 1, 2019, open Monday-Saturday, 6 p.m.-10:30 p.m., 275 Mulberry St., reservations on Resy, chefsclub.com*

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Keep the tiki trend going You don't need a plane

ticket to escape to the islands. Tiki cocktails were the summer's biggest drink trend, but you haven't missed your chance to sip rummy drinks among authentic art, surf shack decor and genuine Caribbean expertise. A few of our favorites: the upscale Polynesian run by a self-proclaimed pirate, the seasonal tiki-meets-Christmas bar Sippin' Santa, and Williamsburg's cozy Trinidadian bar Clyde's.

Practice your retirement game

Get ready for those long summers in Florida at the Royal Palms Shuffleboard Club, whose 10 regulation-size courts are almost always packed. But that's OK, because there are tropical drinks, a rotating roster of food trucks, great music and board games to pass the time before your game. Don't forget to take a selfie in the incredible flamingo-themed bathroom. *Courts are \$40 and limited to one hour per party, 514 Union St., Brooklyn, must be 21+, royalpalmsbrooklyn.com*

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Nets tanking without LeVert

The Nets are going nowhere in a season that once held dim playoff hopes.

Now what?



JOE PANTORNO
joseph.pantorno@metro.us

The Brooklyn Nets are going nowhere.

That's a statement that has been commonplace around the NBA for the better part of the past four years after the departures of Kevin Garnett and Paul Pierce. Granted, it was that trade with the Boston Celtics to bring in the former NBA champions that brought Brooklyn's franchise to its knees.

The Nets have been one of the worst teams in basketball since 2015, winning an average of just 23 games per year over that stretch due to its rebuilding resources being sent to the Celtics in that fateful 2013 deal.



After Caris LeVert's (22) injury, the Nets have won just two games in their last 13. GETTY IMAGES

But Brooklyn has been recovering and things were actually starting to look up ahead of the 2018-19 season. Point guard D'Angelo Russell was set to continue his development into a consistent point guard, center Jarrett Allen working his way to becoming a menace near the basket, and third-year small forward Caris LeVert was on the cusp of becoming a star.

The latter of those three scenarios was holding true to form as the

24-year-old LeVert flew out of the gates to start the season, averaging 18.4 points per game over his 14. Brooklyn was 6-7 through their first 13 games, not a fantastic record, but on pace for 38 wins that would likely be enough for a playoff spot in a weak Eastern Conference.

Then came the night of Nov. 12 and a gruesome foot injury that looked as though it ended LeVert's season. It was a dislocated right foot, shaking all on

the floor to their respective cores. Yet surgery was not required and he could make a return this season.

The problem is that the Nets have nosedived since the injury. Since LeVert left that game against the Minnesota Timberwolves, they have gone just 2-11, including seven straight losses.

Suddenly, a 38-win pace has plummeted to just 16 given their current run of play.

It poses the question of

whether the Nets should mail in the season and attempt to get the top pick in the draft. Only four teams have fewer wins than head coach Kenny Atkinson's Nets and the reward for one more bad season could yield a generational talent in Duke star Zion Williamson.

For Atkinson, though, another disastrous season could mean trouble for his job in Brooklyn. Not many coaches can have three consecutive seasons of losing 54 or more games and keep their job, even if some extenuating circumstances have put him behind the proverbial eight-ball.

At this point, though, the Nets have nothing to lose by mailing in this season with eyes on next year. They will have the money to go after some big names in free agency and bringing in another premier talent in the draft will only help turn things around quickly at the Barclays Center.

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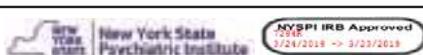
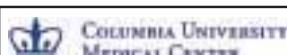
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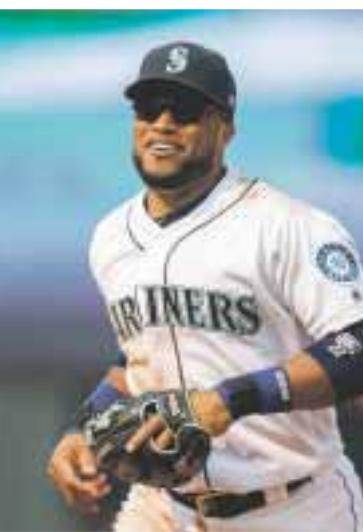
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The Mets aren't done after snagging Robinson Cano (right) and Edwin Diaz. Is Bryce Harper (left) in the cards? REUTERS, GETTY IMAGES

What's next for Mets after Cano, Diaz deal?

Brodie Van Wagenen has no problem saying the Mets will be aggressive this winter.



JOE PANTORNO
joseph.pantorno@metro.us

Should this be the Mets' only deal of the offseason, Van Wagenen's statement won't necessarily hold up. However, he was quick to add that there is more on the way.

"We did not make this move to be our last," he said.

So what comes next?

While the trade rumors around Cano and Diaz heated up and became verified, the prospect of dealing star pitcher Noah Syndergaard continued to loom. If the Mets were indeed in that win-now mode, trading away a 26-year-old fireballer with ace-like stuff doesn't necessarily echo those sentiments.

Van Wagenen ended the speculation, stating that there would have to be "very special circumstances" to deal the right-hander.

The Mets are in need of an everyday catcher that provides an upgrade from Travis d'Arnaud and Kevin Plawecki. While Miami Marlins All-Star catcher J.T. Realmuto likely won't be traded to a fellow NL East team, putting the Mets out of contention, a free agent like Wilson Ramos would be a solid consolation prize.

In the meantime, there have been reports indicating that the Mets are interested in going after megastar Bryce Harper. The 26-year-old

outfielder is entering the prime of his career with an NL MVP award already in hand as one of the game's best.

The one big problem that could force the Mets out of the Harper sweepstakes is the price tag. The former Washington National is expected to sign a new deal worth anywhere between \$300 million and \$400 million, a mark believed to be too steep for the Wilpon family.

Van Wagenen's statement indicates that the Mets are, in fact, hell-bent on making waves around the majors. The division is more than winnable right now and acquiring a talent like Harper will not only make the Mets favorites to win the division but serious contenders for the National League pennant.

With Major League Baseball's Winter Meetings starting up on Dec. 10, we're looking at a pivotal time for the Mets, who are at a crossroads. This could develop into any other offseason for the organization, one of disappointment when it comes to acquiring key pieces to a championship puzzle. Or, it could be looked back on as a turning point in franchise history as Van Wagenen continues to change the outlook around Queens.

And it could all really start with Harper.

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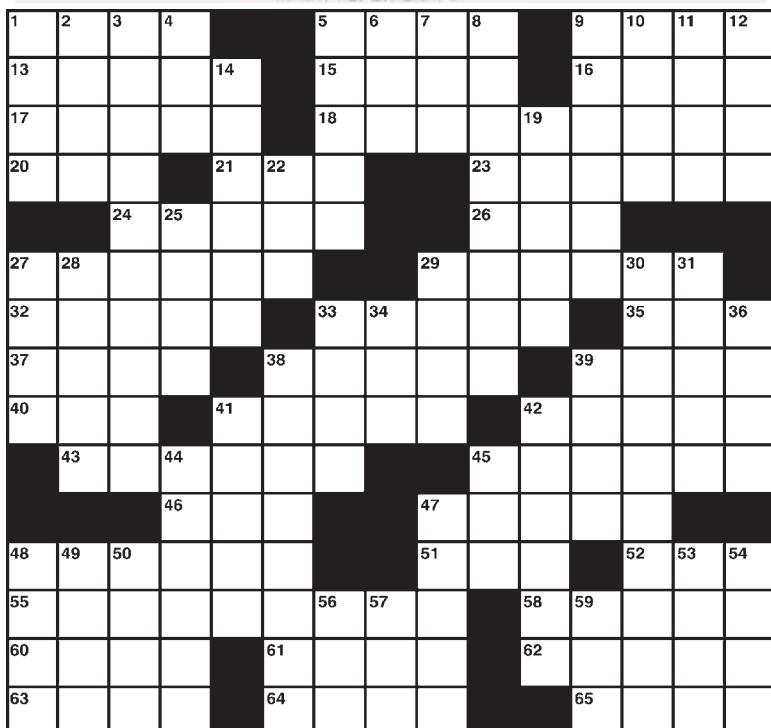
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 16 Stack
 17 "Trick or ___!"
 18 Make less severe
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 21 Boxing great
 23 Beatty or Buffett
 24 Carrying a gun
 26 Jolson & Roker
 27 Leftover bits
 29 Cruel; barbarous
 32 Word following potato or chocolate
 33 Babble
 35 Bee's follower
 37 Martial ___; judo, karate, etc.
 38 Harness straps
 39 Hee-haw
 40 Ms. Farrow
 41 Daytime serials

42 Piece of garlic

43 Inclines
 45 Felt about blindly
 46 Cry from the flock
 47 Material to be kneaded
 48 Sudden
 51 FedEx rival
 52 Cereal grain
 55 Two-cup item
 58 Piece of furniture
 60 "Penny ___"; Beatles song
 61 Tack
 62 ___ down; loses weight
 63 Breakfast order
 64 Periodontist's focus
 65 Final

DOWN

1 Play divisions
 2 Dr. Zhivago's love
 3 Occurring before the wedding
 4 Yellow, Red, Black or Dead
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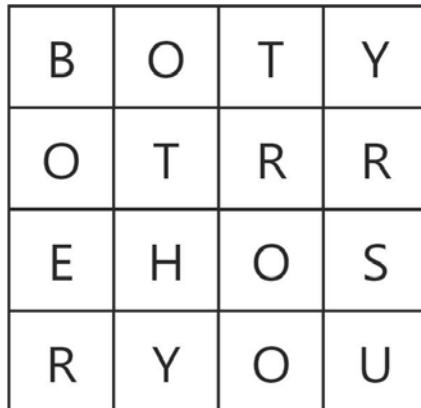
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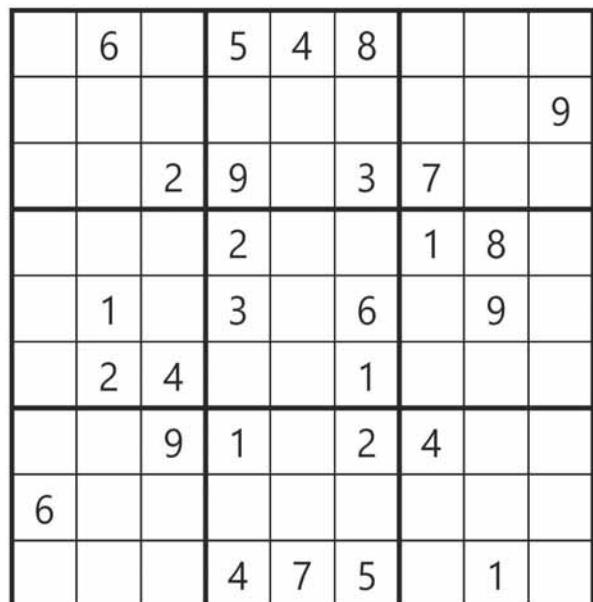
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